

Rye Community Primary School PE Overview

Year	Autumn Term		Spring Term		Summer Term	
Preschool	Introduction to PE: Unit 1	Fundamentals: Unit 1	Ball skills: Unit 1	Gymnastics: Unit 1	Dance: Unit 1	Games: Unit 1
Reception	Introduction to PE: Unit 2	Fundamentals: Unit 2	Ball Skills: Unit 2	Gymnastics: Unit 2	Dance: Unit 2	Games: Unit 2
Y1 Session 1	Fundamentals Y1	Gymnastics	Dance	Net and Wall games	Fitness	Athletics
Y1 Session 2	Team Building	Ball skills	Invasion Games	Yoga	Striking and Fielding	Target Games
Y2 Session 1	Fundamentals Y2	Gymnastics	Dance	Net and Wall games	Fitness	Athletics
Y2 Session 2	Team Building	Ball skills	Invasion Games	Yoga	Striking and Fielding	Target Games
Y3 Session 1	Golf	Gymnastics	Dance	Dodgeball	Fitness	Athletics
Y3 Session 2	Fundamentals Y3	Ball Skills Y3	Netball	Football	Tennis	Rounders
Y4 Session 1	Golf	Gymnastics	Dance	Dodgeball	Fitness	Athletics
Y4 Session 2	Fundamentals Y4	Ball Skills Y4	Basketball	Cricket	Football	Rounders

Y5 Session 1	Badminton	Fitness	Dance	Netball	Rugby	Dodgeball
Y5 Session 2	Yoga	Gymnastics	Cricket	Football	Rounders	Athletics
Y6 Session 1	Swimming	Swimming	Dance	Basketball	Rugby	Hockey
Y6 Session 2	Tennis	Gymnastics	Cricket	Football	Yoga	Athletics